

“Remembering Who We Are”

ALL INCLUSIVE SPIRITUAL RETREAT TO TULUM MEXICO

FEBRUARY 5-12, 2011

With Rixie Dennison



15 x 36 Foot Pool



Catered Meals Al Fresco



Your Luxury Villa Awaits You
The Mexican Riviera



Secluded Pristine Caribbean Bay



Beautiful Rooftop Observatory



Your Retreat Host – Rixie Dennison

Rixie presents more than 10 years as a Yoga Teacher, Holistic Life Coach, and Reflexologist. Her private practice, Mandala Healing Arts, supports the idea of becoming whole through the balancing of Mind, Body, Emotions, and Spirit. She leads creative workshops, both locally and internationally as well as designs programs and retreats that focus on spirituality and self-awareness.

Most of us are familiar with the idea that we are not human beings having spiritual experiences; we are spiritual beings having human experiences. Spiritual inquiry often feels like a recollection, a remembering because it is. And, this is what we were put on this planet to do; remember, integrate our spiritual selves. You are invited to take time for your Higher Self and join us in this delightful (mid-winter break) journey to a place that is sacred and pristine, warm and colorful, a place where all your needs are met, (no cooking, no driving, no cleaning), and filled with like-minded souls who want to relax, renew and remember who they are too.

Suites Available: (all ocean view suites have been booked at this time.)

King Suite 1 King Bed Main Floor \$1750 per person
(garden view)

Casitas (Private Houses) Available– all with Garden View

King Casita	1 King Bed	\$1650 per person
King Casita	1 King Bed	\$1650 per person
Queen Casita	2 Queen Beds	\$1650 per person
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\$500 non-refundable deposit due September 1, 2010 to hold your chosen suite. Balance due no later than November 1, 2010. No refunds after this date. Checks payable to: Rixie Dennison, 7717 Inversham Drive #119, Falls Church, VA 22042. Any questions?? 703-698-8511 or rixie@mandalahealingarts.com Please check out my website www.mandalahealingarts.com for photos of previous retreats at beautiful Casa Yardena.

Rates are all inclusive: All Luxury Suites, 3 Delicious Meals Prepared and Served by Chef Carlos! Airport Transfers and Private Tours with fabulous Caesar! Enjoy Yoga on the beach daily, Guided meditations, local shopping trips, Moonlight Rooftop dancing, Kayaking, Private Beach and Pool.

Options for you to consider (not included in the price): Healing and Massage in-house with Daniel, Mayan Ruin Excursions, Sailing by Catamaran for a Day, Swim with the Turtles, Mayan Sweat Lodge and whatever your heart desires. Just ask! Airfare (not included): (we can assist you with your flights to assure best pricing and timing.)

Please don't be alarmed by recent news of crime in Mexico. While this activity happens, it is far away from our destination in Quintano Roos, Solomons Bay, Mexico. The villa is in a gated community with 24 hour security. Please call me if you have any questions or concerns.