

# *Mystical Magical Mayaland*

ALL INCLUSIVE SPIRITUAL RETREAT TO MEXICO

JANUARY 24 – 31, 2009

*With Rixie Dennison and Scarlet Gleeson*



15 x 36 Foot Pool



Secluded Pristine Caribbean Bay



Catered Meals Al Fresco



Beautiful Rooftop Observatory

**Sorry, this retreat is  
SOLD OUT!**

## YOUR RETREAT HOSTS



**Rixie Dennison**

Rixie presents more than 10 years as a Yoga Teacher, Holistic Life Coach, and Reflexologist. Her private practice, Mandala Healing Arts, supports the idea of becoming whole through the balancing of Mind, Body, Emotions, and Spirit. She leads creative workshops, as well as designs programs and retreats that focus on spirituality and self-awareness locally and internationally.



**Scarlet Gleeson**

Scarlet called the Yucatan home for several years in the early 80's. After traveling the globe for decades, she is often called back to her beloved Mayaland. She brings knowledge of the Mayan civilization and Yucatan region to our group.

Scarlet is an oracle and Reiki practitioner; and delights in teaching and leading groups in guided meditations. She leads spiritual retreats to share the wonders of the world, with friends ~ old & new.



**Chichen Itza**

Ancient Mayan Ruins 800 – 1200 A.D.  
Fascinating Private Excursions



**Snorkeling/Diving**

The world's 2<sup>nd</sup> largest barrier reef  
Just outside your door



Included:

- Luxury Accommodations
- Airport Transfers
- Daily Brunch and 6 Dinners
- Daily Yoga – All levels embraced
- Guided Meditations
- Mandala Workshop
- Poetry Workshop
- Reiki Treatments
- Kayaking
- Aromatherapy
- Cenote Adventures
- Spectacular Snorkeling
- Local Transportation (Van)
- Small Motor Boat for Exploration

Additional:

- Mayan Ruin Excursions
- Deep Sea Fishing
- Spa Services
- Diving

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## *Intention*

We invite you to join us with loving intention to create a sacred space together where we will journey, using ancient spiritual wisdom, yoga, meditation, talking circles, soul journeys, and ceremony on the land. Take a step toward the doorway of peace – into your private luxury villa ~ retreat, rest, fill your lungs with deep breaths of ocean air, close your eyes, heal and embrace those places that have felt disconnected for some time. Allow the tranquil turquoise sea coves, the transparent lagoons and mysterious water springs, float you to a place of suspended relaxation. Explore the world's second longest barrier reef, the Mayan Culture and cuisine ~ let time disappear as you behold the beauty of the endless sky with clouds for miles and miles. Walk the pristine, private beaches of the Caribbean; let the sun warm your being and the ocean breezes wrap around your Soul. Most of all, we invite you to bring all parts of your Self – Mind, Body and Spirit ~ leave the rest behind ~ and embrace the beauty and stillness of each moment, just being.



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To pay by **PayPal**, click the appropriate link below.

Rates are based on double occupancy:

1. **Master Suite: (Upper Level)**  
OceanView/ 1 King/Jacuzzi/Terrace - \$1650 pp
2. **Queen Suite: (Main Floor) BOOKED**  
Ocean View/ 2 Queens/Terrace - \$1595 pp
3. **Queen Suite: (UpperLevel) BOOKED**  
Ocean View / 2 Queens / Lg Balcony - \$1595 pp
4. **Queen Suite: (Upper Level) BOOKED**  
Garden View / 1 Queen - \$1495 pp
5. **King Suite: (Main Floor) BOOKED**  
Garden View / 1 King - \$1495 pp.
6. **Private Casita: (Little house) BOOKED**  
Garden View / 1 Queen / Kitchen - \$1550 pp
7. **Private Casita: (Little house) BOOKED**  
Garden View / 1 Queen - \$1495 pp

For More Information and Photos  
Visit: [www.mandalahealingarts.com](http://www.mandalahealingarts.com)

For Information on the Mayan Riviera  
Visit: [www.rivieramaya.com](http://www.rivieramaya.com)

**Rates are all inclusive: Suites, Chef Prepared Meals  
and Airport Transfers**

**Not Included: Airfare, Bathing Suit & Toothbrush  
Travelers Insurance Recommended**

**Full Payment due by Dec 1, 2008**

**No Refunds after December 1<sup>st</sup>.**

**Please make checks payable to: Scarlet Gleeson or  
Rixie Dennison/or pay by credit card – Pay Pal**

[www.mandalahealingarts.com](http://www.mandalahealingarts.com)

**Rixie Dennison**  
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