



**“FINDING OUR VOICES –
LIVING IN SATYA”**

A WEEKEND YOGA RETREAT

4 p.m. Friday, MARCH 25

12 Noon Sunday, MARCH 27, 2011

SEVEN OAKS PATHWORK RETREAT CENTER

MADISON, VIRGINIA

\$350 FOR THE WEEKEND

**THIS INCLUDES TWO NIGHTS LODGING, 5
FABULOUS MEALS, BEGINNING WITH
DINNER FRIDAY EVENING AND ENDING
WITH BREAKFAST SUNDAY MORNING**

**5 YOGA CLASSES, 2 MORNING MEDITATIONS,
FIRE CIRCLE, PEACEFUL, HEALING
ENVIRONMENT, COMMUNITY AND TIME
FOR REST AND REFLECTION. SWEAT LODGE
AVAILABLE FOR AN ADDITIONAL FEE.**

Satya (Truth)

**May I be true to myself in every
way.**

**Be fully who I am and do what I
say.**

**May I speak my truth without any
fear.**

**And make it gentle enough for all
to hear.**

Teaching Yoga for over 10 years at Sun and Moon Yoga Studio and throughout Northern Virginia, Rixie is known for her gentle, warm, non-judgmental, spirit-filled style. Rixie also leads a week-long Spiritual Retreat for Women in Tulum, Mexico. She is a Certified Reflexologist and Holistic Life Coach. Her new passion is the Yoga for the 12 Steps classes on Friday nights in Fairfax, Virginia. For more info: www.mandalahealingarts.com - 703-698-8511 - and visit Seven Oaks website: http://www.sevenoakspathwork.org/retreat_center.html .

Make payable to and mail to: Rixie L. Dennison, 7717 Inversham Drive #119, Falls Church, VA 22042

Name _____ Phone _____

E-mail _____ Amount Enclosed \$ _____